# **Section 8 Industrial Workstations**



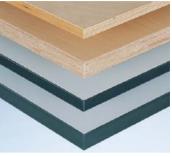
Notes on Industrial Workstations

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**Drawer Cabinets** 



Risers



Provision of Material





Lighting



**Power Supply** Pneumatic supply Electrical supply



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### **Notes on Industrial Workstations**



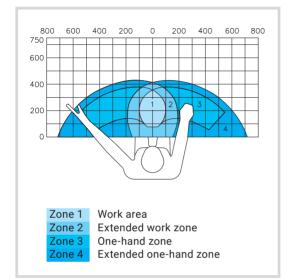
#### Benefits of mk Industrial Workstations

- Ergonomic and highly functional industrial workstations for optimal productivity
- Aluminium profile construction for ultimate flexibility to expand and make changes
- Table frame with an adjustable height and variable material provision systems allow the workstation to be adapted to the employee
- Extensively customisable, with risers, shelving systems, electrical and pneumatic supply options, tool hangers and drawer cabinets
- mk's extensive experience in expanding these stations into complete assembly lines, including workstation interlinking
- Custom solutions to fit existing processes, including requirements relating to lean production, kanban, ESD or cleanroom processes

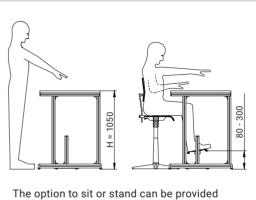


### Workstation Ergonomics

#### **Ergonomic Reach Zones**



#### **Ergonomic Sit-to-Stand Workstation**



The option to sit or stand can be provided with a height adjustment mechanism or using a chair and footrest, as shown here. This reduces strain on the employee's spine and intervertebral discs.

The word "ergonomics" comes from Greek and translates roughly to the study of human work. Having ergonomically designed industrial workstations not only increases productivity and reduces the rate of mistakes, but also improves employee health and therefore improves morale and the working environment. mk industrial workstations can be quickly and easily adjusted each employee's particular physical needs. This includes a height adjustment mechanism and a design that allows the workpiece, the tools and the bins for providing materials to be optimally positioned within the employee's reach for the particular task. This helps employees avoid unhealthy postures and optimises productivity. Providing optimal lighting for the particular task is another critical factor that mk has incorporated with its variable lighting system.

# Standards and Regulations

In designing its industrial workstations, mk has followed all applicable standards and regulations, for example DIN EN ISO 6385 (Ergonomics principles in the design of work systems).

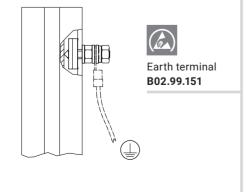
# Earthing and Protective Conductors

If industrial workstations are electrified (e.g. lighting, electrical sockets, etc.), DIN VDE 0100- 410 specifies that all of a workstation's conductive components must be connected together and with the protective conductor of the supply line so that protection against electric shock is ensured in the event of a fault.

Connecting the profiles with angles and ESD nuts, sometimes known as PE nuts, ensures conductivity throughout the entire workstation. If the workstation is electrified after construction, this means that the protective conductor has to be connected to the workstation in only one location to provide earthing.

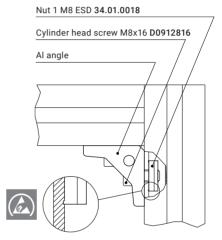
### Earth Terminal

The earth terminal is used to connect the protective conductor to the industrial workstation to ensure protection against electric shock. This also protects sensitive components against electrostatic discharge.



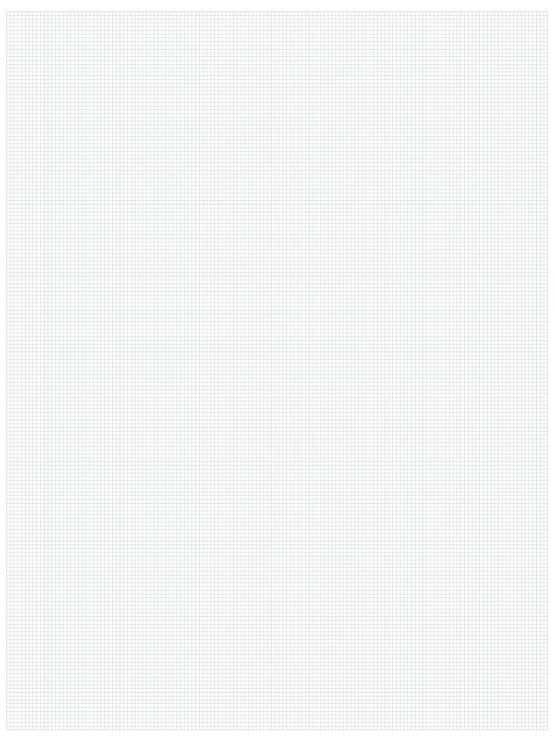
#### Angle Fastener with ESD Nuts

The pressed protrusion on the nut penetrates the profile's insulating anodised coating and ensures that the connection is conductive through the screw connection.



# Notes







For table tops, see page 284

# **Table Frames**

# Fixed Working Height

Our table frames with a fixed working height are made from mk's Series 40 profiles and feature a sturdy pedestal design. The standard dimensions shown here allow it to be used as a sit-to-stand workstation. Custom dimensions can also be implemented, although our standard range complies with ergonomics recommendations from the applicable standards.

#### Table frame C1

B02.13.030

Loads

Т

65

в

5/40

Load scenario	Top thickness	Surface Ioad	Total load
Static load	< 35 mm	2000 N/m²	2000 N
Static load	> 35 mm	2500 N/m²	4000 N

#### Standard dimensions (mm)

Height H <sup>*</sup>	Depth T	Width B
850	600	1200
1050	750	1400
		1600

\*Including 25 mm table top

Other dimensions possible. Heavy-duty design for high loads available on request. Steel privacy panelling in various RAL colours available.





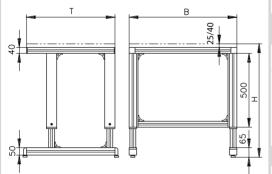
For telescoping profiles, see page 306 For table tops, see page 284

### Manual Height Adjustment

Our table frames with an adjustable working height are made from mk's Series 40 profiles and feature a sturdy pedestal design. In this table design, the height is adjusted using telescoping profiles with a fastening screw. This allows the working height to be easily adjusted while maintaining stability and load capacity.

# Table frame D1

B02.13.040



#### Loads

Load scenario	Top thickness	Surface Ioad	Total load
Static load	< 35 mm	2000 N/m <sup>2</sup>	2000 N
Static load	> 35 mm	2500 N/m²	4000 N

#### Standard dimensions (mm)

Height H <sup>*</sup>	Depth T	Width B
680 to 1070	600	1200
	750	1400 1600

\*Including 25 mm table top

Other dimensions possible. Heavy-duty design for high loads available on request. Steel privacy panelling in various RAL colours available.



For telescoping profiles, see page 306 For table tops, see page 284

### **Table Frames**

#### Manual-Hydraulic Height Adjustment

Our table frames with an adjustable working height are made from mk's Series 40 profiles and feature a sturdy pedestal design. In this table design, the height is adjusted using telescoping profiles with a matching gliding assembly and a hand crank. This allows you to quickly adapt the working height to the user or the workpiece. The employee can also switch between sitting and standing. The required driving torque of about 6 Nm is within the boundaries of the ergonomics requirements for the design of control actuators, DIN EN 894-3, for manual actuation. 5 mm stroke per crank rotation.

#### Table frame D4

B02.13.043

#### Loads

9

Load scenario	Top thickness	Surface Ioad	Total load
Static load	< 35 mm	2000 N/m²	2000 N
Static load	> 35 mm	2500 N/m²	2800 N
Dynamic	< 35 mm	1600 N/m²	1600 N
Dynamic load*	> 35 mm	1600 N/m²	1600 N

\*Maximum load under which the table can still be moved

#### Standard dimensions (mm)

Height H*	Depth T	Width B
680 to 1070	750	1200
	800	1400
		1600

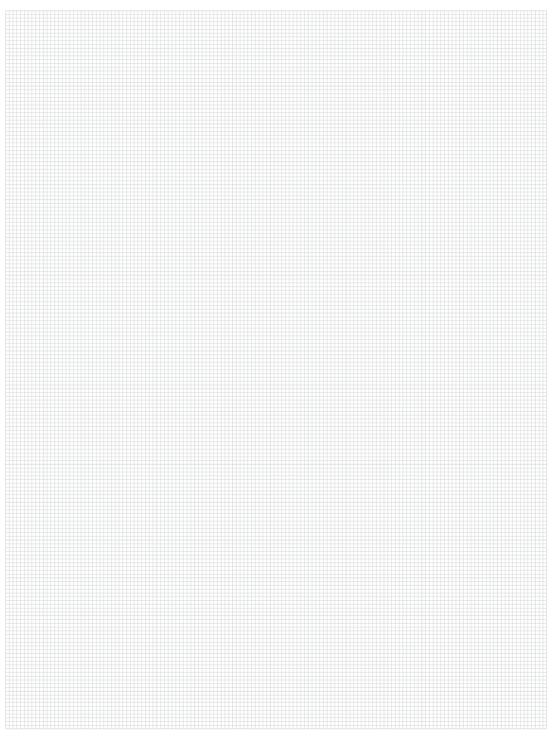
\*Including 25 mm table top

Other dimensions possible. Heavy-duty design for high loads available on request. Steel privacy panelling in various RAL colours available.

50

# Notes









### **Electrical Height Adjustment**

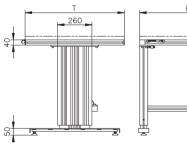
Our table frames with electrical height adjustment made from mk's Series 40 profiles are suitable for both sitting and standing. A button with an optional memory function is used to adjust the height of the workbench within a 400 mm range. A selection of different table tops, accessory components and additions such as risers are presented on the following pages.

#### **Technical data**

v = 12 mm/s
230 V/50 Hz
24 V DC
IP20
IP30



For table tops, see page 284





#### Table frame J1

B02.13.090

Load scenario	Top thickness	Surface Ioad	Total Ioad
Static load	25-40 mm	2000 N/m <sup>2</sup>	3000 N

#### Standard dimensions (mm)

Height H	Depth T	Width B
720 to 1120	700	1200
+ table top thickness	750	1600
	800	2000

Other dimensions possible.

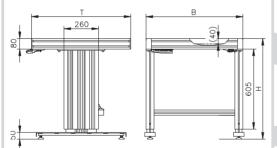


### Heavy-Duty with Electrical Height Adjustment

The heavy-duty version of the workbench with electrical height adjustment features a table frame made from mk 2040.02 profiles that goes around the entire table and a maximum load capacity of 4500 N. A button with an optional memory function is used to adjust the height of the workbench within a 400 mm range. A selection of different table tops, accessory components and additions such as risers are presented on the following pages.

#### Technical data

Travel speed	v = 9 mm/s
Voltage/frequency	230 V/50 Hz
Operating voltage (secondary)	24 V DC
Controller protection class	IP20
Motor/remote control protection class	IP30
Turnkey system with 3 m mains cable	



For table tops, see page 284

# Table frame K1 (heavy duty) B02.13.100 Loads

Load	Top	Surface	Total
scenario	thickness	load	load
Static load	40 mm	3000 N/m²	4500 N

#### Standard dimensions (mm)

Height H	Depth T	Width B
760 to 1160	700	1200
	750	1600
	800	2000

Other dimensions possible.



# **Table Tops**

### Table Top Materials

Potential factors for choosing a table top material include the stability and material of the workpiece and the wear resistance of the table top. Environmental conditions such as moisture or high temperatures can also influence the choice of material. On request, other surface materials such as stainless steel sheet or laminated wood can be used. ESD-compatible tops are also available on request.

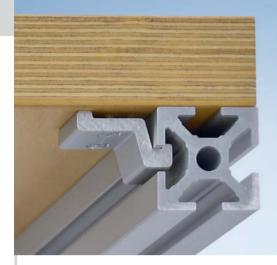
Beechwood Multiplex Tops	Laminated Tops
Multi-bonded beechwood	Laminated particleboard
Resistant to warping	Light grey standard colour
<ul> <li>Jointless</li> <li>Ground natural surface, waterproofed on request</li> </ul>	Black edge band with rounded edges (grey on request)
	High resistance to shocks and impacts

Thickness	Mass	Item no.	Thickness	Mass	Item no.
25 mm	18.9 kg/m <sup>2</sup>	50.13.5005	20.6 mm	15.5 kg/m2	50.13.6004
40 mm	30.0 kg/m <sup>2</sup>	50.13.5008	26.6 mm	20.0 kg/m2	50.13.6005
			39.6 mm	27.2 kg/m2	50.13.6008

Painted surfaces on request.

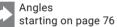
Conductive design (ESD) on request.





### **Table Top Fasteners**

The table tops can be mounted using angles or with the fastener set shown here. Holders such as angles can be used for both multiplex and laminated tops in any thickness offered.



starting on page 76

Fastening example

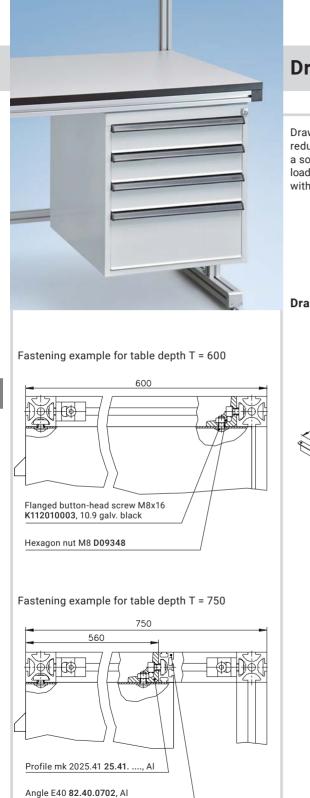
Table top

Holder 26.00.0052, Al

Chipboard screw ø 4x25 K112510020



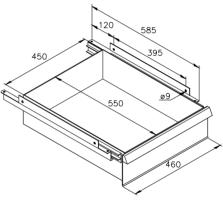
Consists of: 6 x holders **26.00.0052** 12 x chipboard screws ø 4x25 **K112510020** 



### **Drawer Cabinets**

Drawer cabinets provide storage space without reducing the actual working area. The casing has a solid sheet steel construction. It can withstand loads up to 200 kg. All drawer cabinets are equipped with a cylinder lock and painted in RAL 7035.

#### Drawer cabinet, single drawer

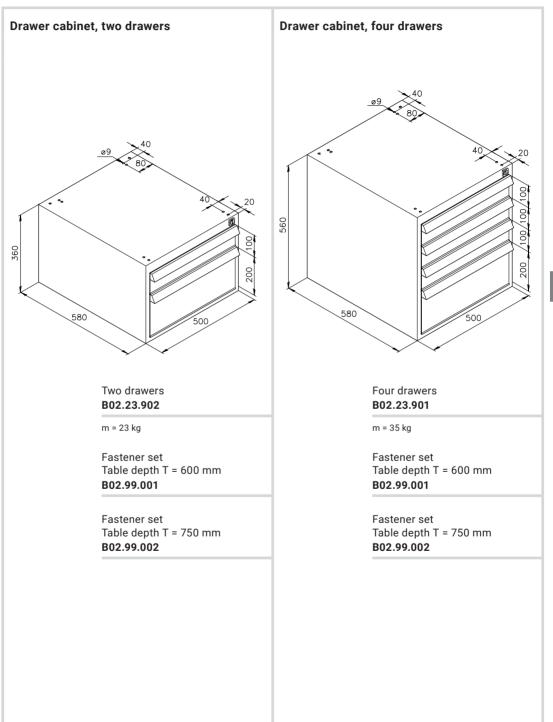


Single drawer **B02.23.903** 

m = 8 kg

Fastener set **B02.99.004** 

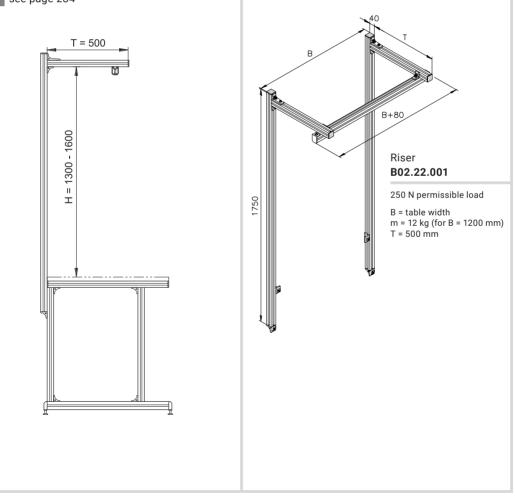






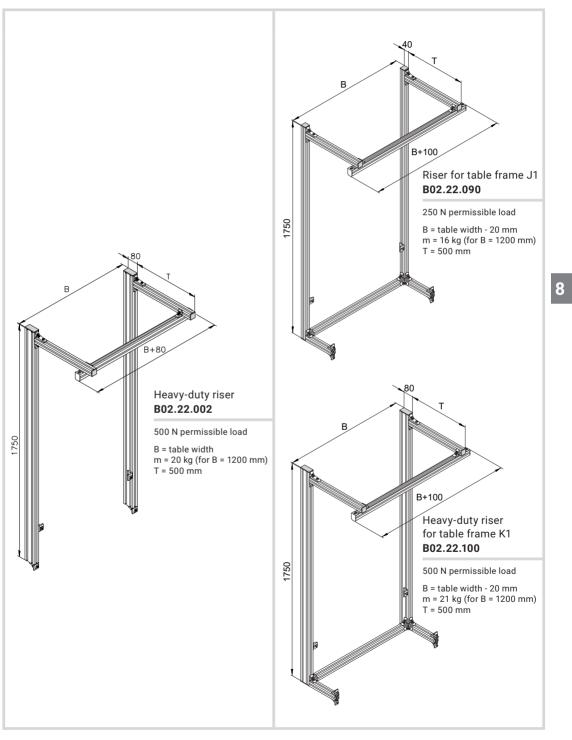
### **Risers**

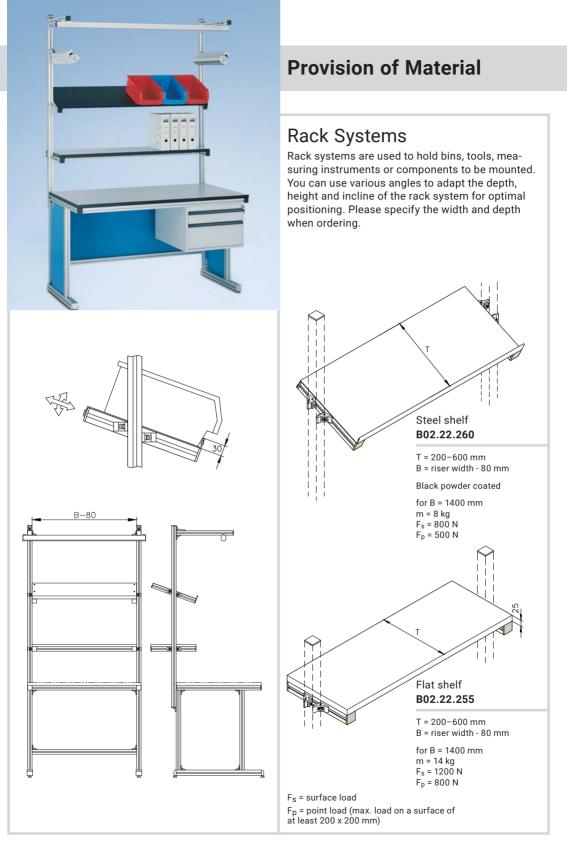
Risers are used for mounting additional parts above the table top, for example shelves, electrical/ pneumatic supply components or tools. They come equipped with a C-rail as standard for attaching tool sliders. The heights of the riser's beams and cantilevers can be adjusted. We offer a heavy-duty riser design for higher load requirements.



### **Risers**





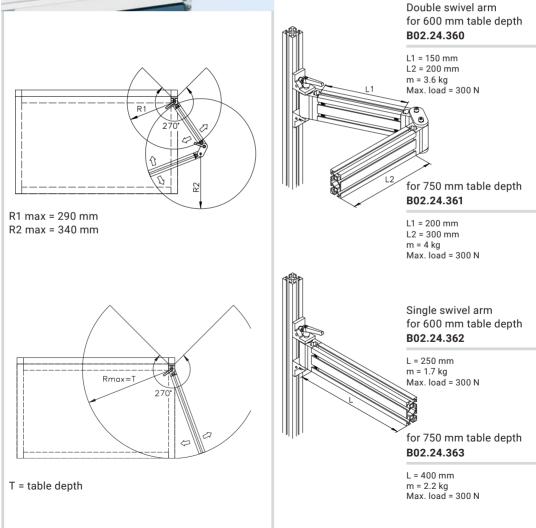






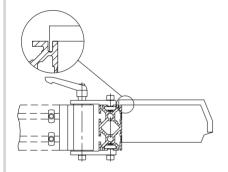
### Swivel Arms

Uses for swivel arms range from holding shelves, to holding containers for small parts, to connecting monitors. In addition to creating additional work space, they can be adjusted to provide an ergonomically optimal layout for the worker. The clamping lever or cylinder head screw can be used for attachment.

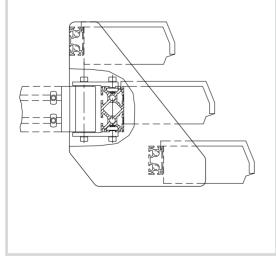




Series 40, 2.75 mm slot width, for bin LF211/LF221



Series 25, 2.75 mm slot width, for bin LF211 only



# **Provision of Material**

### **Bin Mounts**

With bin holders, bins can be attached to swivel arms to allow for optimal ergonomic positioning. Alternatively, bins can be mounted on mk 2040.22 profiles.



315

6

240

290

- Bin holder B02.24.366
- L = (bin width + 1 mm) x N

Rack **B02.24.367** 

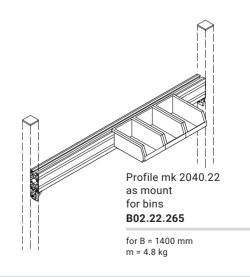
with swivel arm connection

m = 3.4 kg

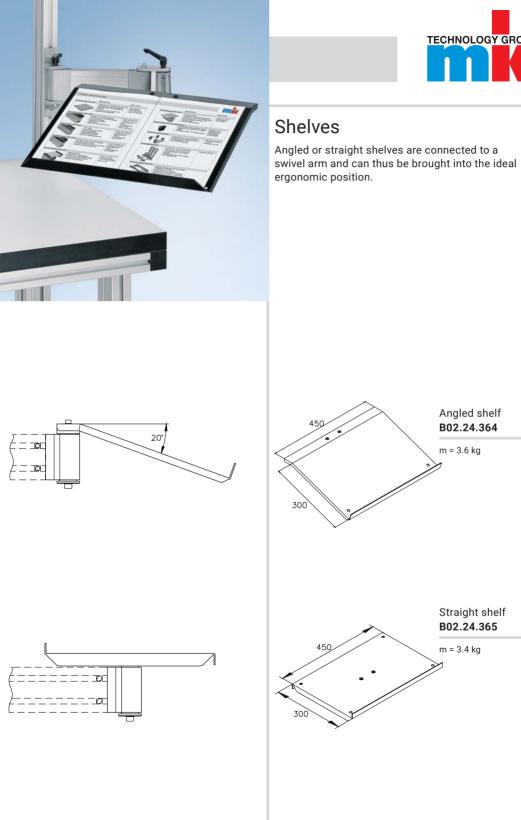
#### Rack **B02.24.356**

without swivel arm connection

m = 2.5 kg







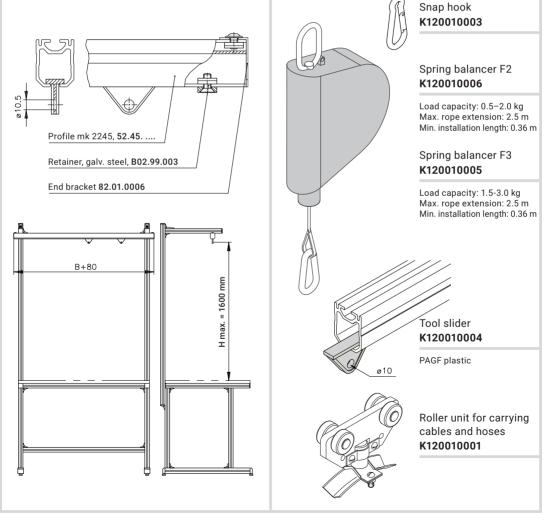
8



# **Provision of Material**

### **Tool Hangers**

The tool hanger components shown here are just our standard selection. Custom components are also available on request. Tools hangers improve organisation and safety at the workstation. They also make tools available without encroaching on the work space. The adjustable spring tension system reduces strain and improves ergonomics for the user.

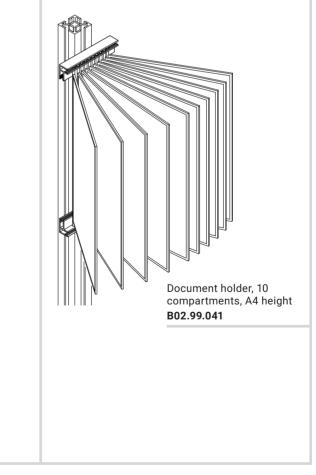






### **Document Holders**

Document holders allow you to protect and store documents, such as instructions for mounting, etc., at the workplace in an orderly manner.





# **Provision of Material**

### **Bottle Holders**

Bottle holders have a diameter of 100 mm and are designed for the secure storage of all common beverage bottles, cans, cups and drink boxes. The cut-out at the front makes the holders suitable for cups with a handle. The version with an open bottom can also be used to store a screwdriver or other such equipment.

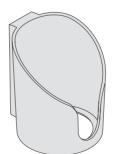
Material: PA plastic

25 40 50 60

Bottle holder with closed bottom **K120000120** 

Including mounting plate

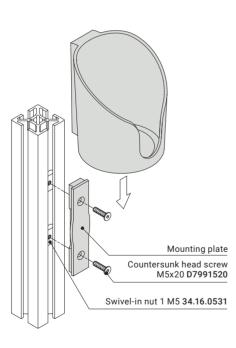
Total load = max. 5 kg



Bottle holder with open bottom **K120000121** 

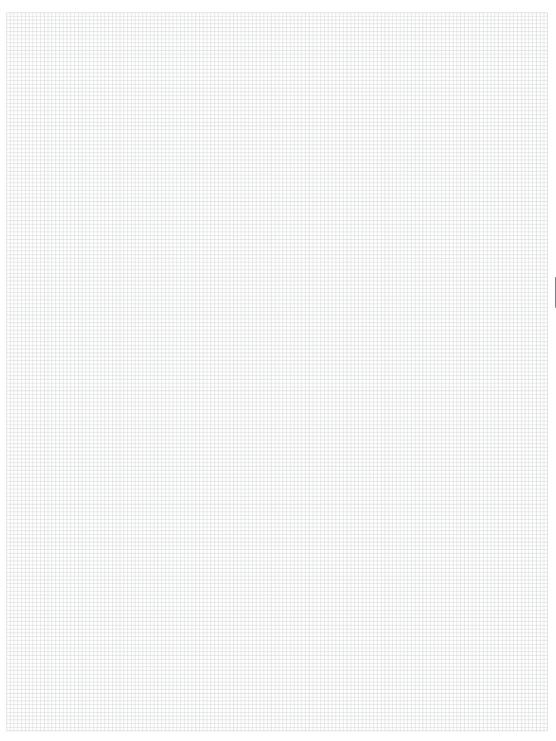
Including mounting plate Total load = max. 5 kg

Fastening example



# Notes





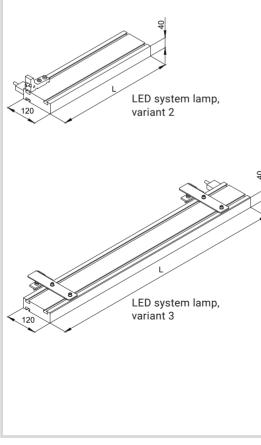


# Lighting

### LED System Lamps

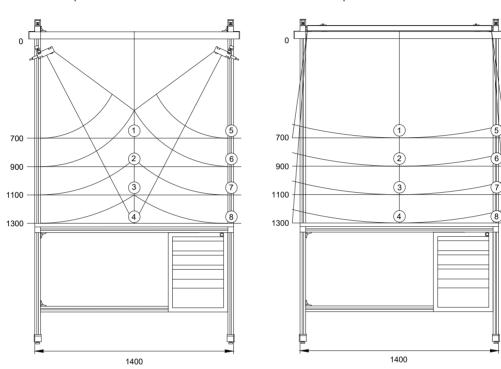
mk's LED system lamps provide bright, even lighting of the work space without glare. The colour temperature is 5000K at a power of 15 to 64 watts, depending on the variant. The lamps are CE certified, designed for operation with a 230V mains voltage and delivered with a three-metre connection cable. They can be rigidly mounted or can be made to swivel using a flexible holder set. The swivel range is from 25° backwards to 90° forwards. Variants 1 and 2 function as swivelling side lighting and are attached on the right or left side using angles.

8 Dimensional sketches



Vari- ant	Item no.	L [mm]	Power [W]	Mounting
1	B02.23.806 001	449	15	Left/ swivelling
2	B02.23.806 002	449	15	Right/ swivelling
3	B02.23.806 003	899	35	Swivelling
4	B02.23.806 004	899	35	Rigid
5	B02.23.806 005	1199	40	Swivelling
6	B02.23.806 006	1199	40	Rigid
7	B02.23.806 007	1499	64	Swivelling
8	B02.23.806 008	1499	64	Rigid



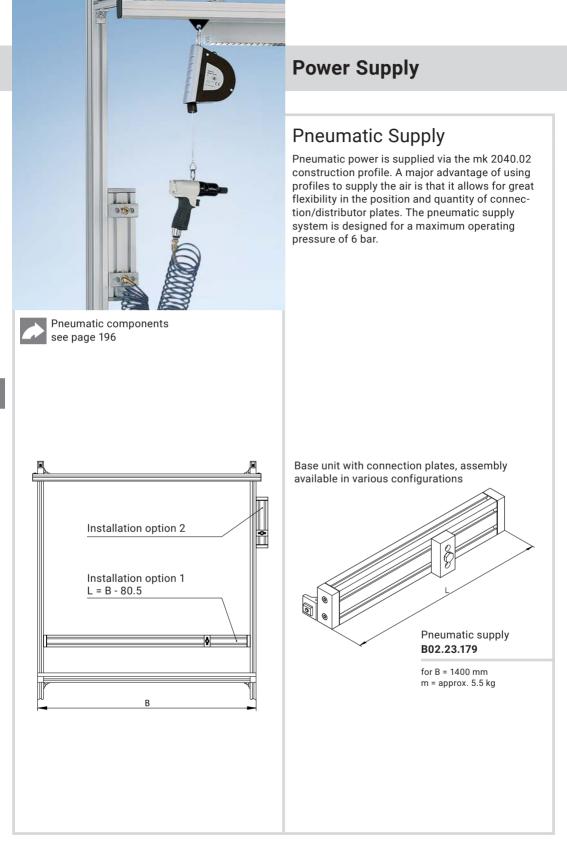


#### Measurement points for variants 1 + 2

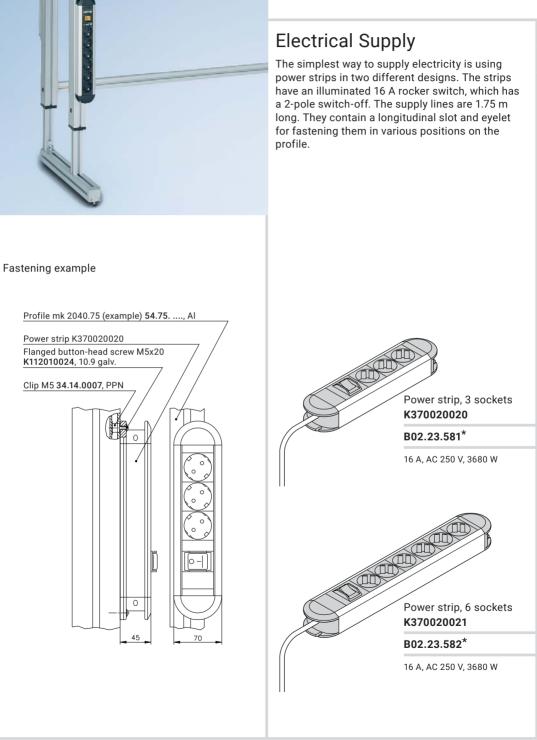
#### Measurement points for variants 3 to 8

#### Illuminance

Measurement point	Variant 1 + 2 (lux)	Variant 3/4 (lux)	Variant 5/6 (lux)	Variant 7/8 (lux)
1	500	1550	1650	2000
2	450	1350	1450	1800
3	380	1150	1250	1600
4	300	1000	1100	1400
5	400	700	700	1000
6	350	650	650	820
7	300	580	600	750
8	250	500	550	7000







8



# **Power Supply**

# **Electrical Supply**

The standard electrical supply system is a combination of mk 2040.41 and mk 2069 profiles. The unit features exceptional stability and a closed design. Various sockets and switch combinations can be freely positioned along the entire working width. A major advantage of this system is that you can change or add equipment very easily, even custom components. The power supply system is tested in accordance with DIN VDE 0100-410 and includes a circuit diagram. The unit is delivered with a 3 m cable and plug.

Material: Anodised aluminium

Fastening example

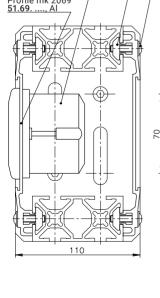


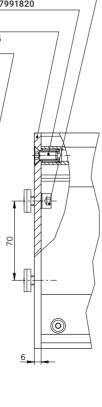
Countersunk head screw M8x20 D7991820

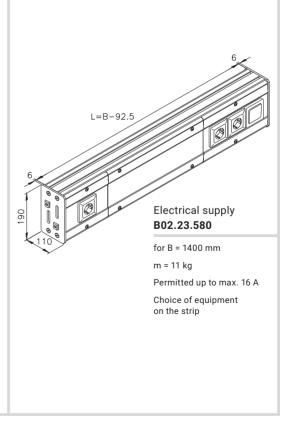
Head plate 50.12.0005, Al Flanged button-head screw M6x25 K112010015, 10.9 galv.

Nut 1 M6 34.02.0008, galv. steel

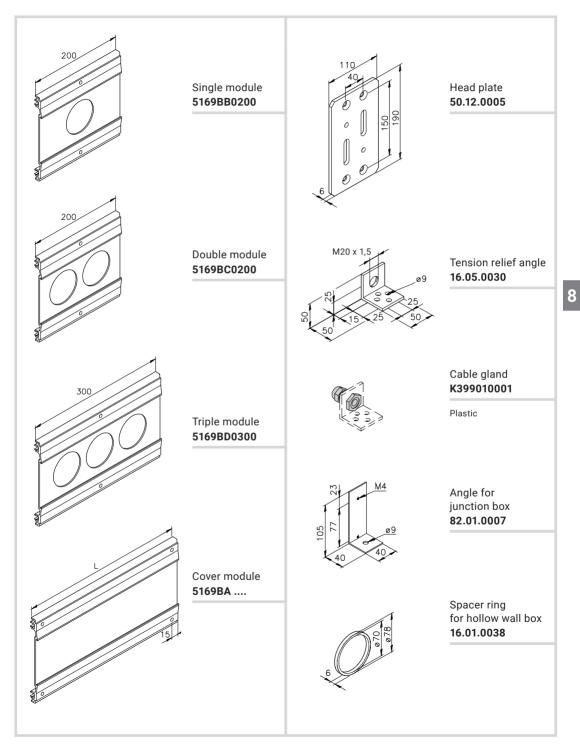










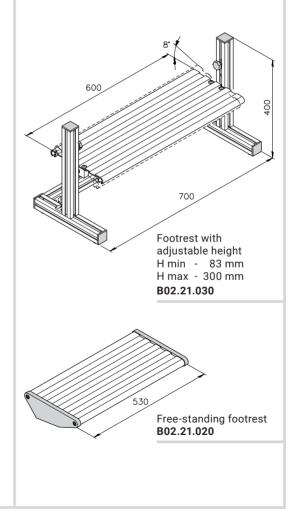


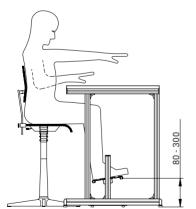


### Accessories

### Support Brackets

The correct seat height adjustment is an important prerequisite for low-stress work at the workbench. This is correct when the forearms/upper arms are parallel to the table surface, the upper and lower leg are at an angle of at least 90° and the feet are resting completely on the floor. If the workbench is too high, a footrest can compensate for the distance between the feet and the floor. The infinitely adjustable footrest ensures the most comfortable foot position and relieves the legs ensuring pleasant working conditions.





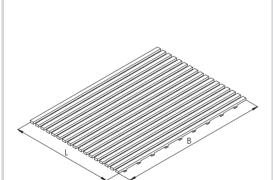


### Floor Mats

Floor mats made from black TPE-V ensure that workers do not slip at industrial workstations while also reducing strain on their musculature and skeletal systems.

#### Benefits:

- Hollow spaces reduce strain on the musculature and joints
- Anti-slip
- Oil resistant
- Various dimensions up to 1.2 m wide and 15 m long with 3 mm thickness
- Highly flame-resistant version available



#### Floor mat

Item no.	Width B [mm]	Length L [m]
K12002.0600	600	max. 15
K12002.0800	800	max. 15
K12002.1000	1000	max. 15
K12002.1200	1200	max. 15

#### Floor mat B1

(highly flame resistant according to DIN 4102-1 B1)

Item no.	Width B [mm]	Length L [m]
K12003.0600	600	max. 15
K12003.0800	800	max. 15
K12003.1000	1000	max. 15
K12003.1200	1200	max. 15



#### Telescoping profiles for manual height adjustment

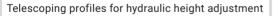
Cylinder head screw M8x16, D0912816

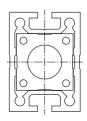




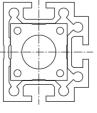
mk 2040.75 and mk 2040.01 profiles

mk 2040.74 and mk 2040.01 profiles





mk 2040.75 and mk 2040.36 profiles



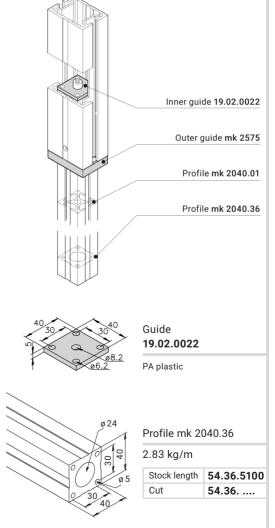
mk 2040.74 and mk 2040.36 profiles

#### Application Profiles for Workstations

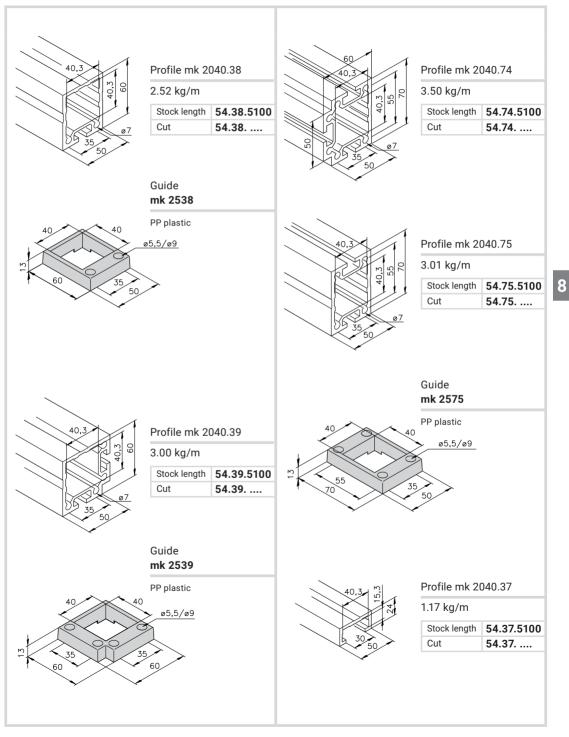
### Profiles for Telescoping

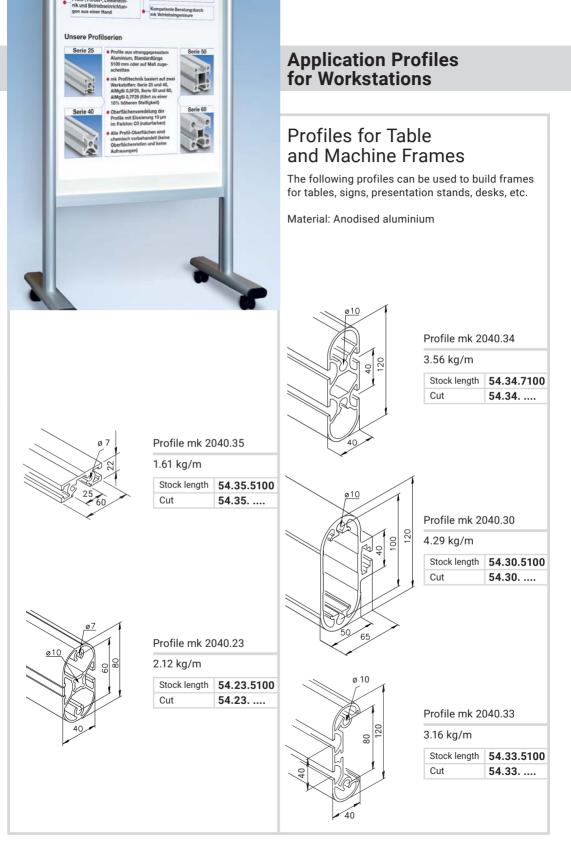
The following components can be used to construct telescoping/height-adjustable table frames and other support frames.

Material: Anodised aluminium









8

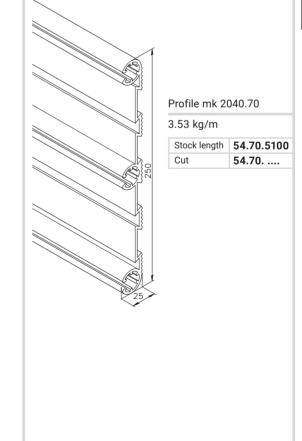




# Profile for Footrests

The following profile is used to build footrests and can also be used as a stepping surface.

Material: Anodised aluminium



# Section 9 Stairs and Platforms



Notes on Stairs and Platforms

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Platforms

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#### Guardrails

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